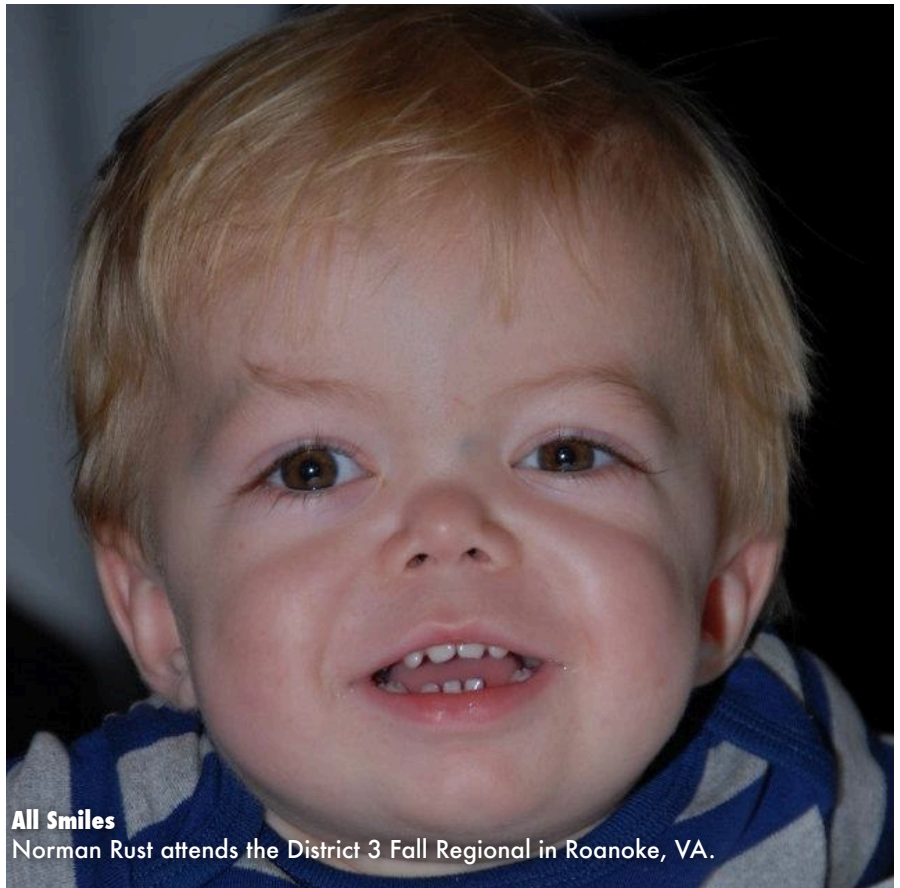


# District 3

Of  
LPA

Fall 2011 Newsletter



**All Smiles**  
Norman Rust attends the District 3 Fall Regional in Roanoke, VA.

## Fall Fun in Roanoke

Submitted by Andrew Braun

There were over seventy five attendees at this year's Fall Regional in Roanoke, Virginia at the Holiday Inn Tanglewood the weekend of September 23.

After a long car ride from the Carolinas where we learned that between directions printed out and 2 phones with GPS, Steph can still get lost, we were happy to arrive at the hotel. Once we arrived and settled in the room we came down to find that BINGO was the activity of the night and would provided hours of enjoyment. Our table



**Team Spirit**  
Newcomers Judy and Carson Herrin wear their Campbell attire at the banquet.

turned out to be quite lucky and won a couple rounds! Then again, when everyone is playing on 3 BINGO cards at a time that kind of helps them out.

Saturday morning both the Officer Meeting and the District Meeting were held. The Officer Meeting is a time where the chapter officers and the district officers meet and talk about what is going on in each chapter. After the Officer Meeting the District Meeting was held. Keith Connolley opened the meeting and thanked the Blue Ridge chapter for hosting the Fall Regional. The

present chapter officers gave updates on their chapters. Then Stephanie Brandon gave a recap of the National conference in Orange County, CA where she was District 3 proxy on the Board of Directors. After that the election was held and the offices of Director and Assistant Director were transferred from Keith Connolley to Stephanie Brandon and Dave Miller respectively. The new District Treasurer, Cathy Hughes, and District Secretary, Sylvia France, were unable to

**Story continues on page 3 titled "Roanoke"**

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## Contact Us

District Director - Stephanie Brandon | [lpadistrict3@yahoo.com](mailto:lpadistrict3@yahoo.com) | 803.287.0666  
Assistant Director - Dave Miller | [dmiller@vintagesecurity.com](mailto:dmiller@vintagesecurity.com) | 410.299.5777  
District Treasurer - Cathy Hughes | [hughessah@aol.com](mailto:hughessah@aol.com)  
District Secretary - Sylvia France | [kitsnitr@yahoo.com](mailto:kitsnitr@yahoo.com)

Visit us at: <http://d3.lpaonline.org>



<http://www.facebook.com/groups/50349019725/>



**New Leadership**

Stephanie Brandon, new District 3 Director, shakes hands with Keith Connolley after the District meeting. Dave Miller, new Assistant Director and Pat Connolley look on.

**Meet Your New Officers!**

**Stephanie Brandon - District Director**

Your new District Director is Stephanie Brandon. Stephanie has been in Little People of America since she was three. Her parents joined LPA so that they would have a great resource for raising a daughter with dwarfism. Little did they know they would gain a group of life long friends and then pass on their knowledge to other new parents. Stephanie has held positions in LPA including Carolinian Chapter Vice President, President and also served on the LPA Scholarship Committee for the past two years.

Stephanie lives at the tip of our District in Charleston, SC. She is the IT Coordinator for LifePoint which a nonprofit that handles all of the organ, eye, and tissue donation in South Carolina. She thanks Keith and all past District Officers for volunteering their time and talents to District 3. She looks forward to working with her new officers and having District 3 be a strong leader in LPA.

**Dave Miller - Assistant Director**

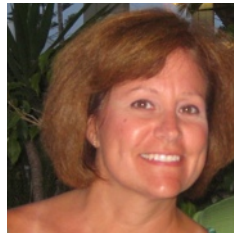
Dave Miller is your new Asst. District Director. He has been in LPA since he was adopted by his parents at the age of 6 months. Dave has held numerous chapter offices and organized several chapter and district events over the years. He and his girlfriend Katie have a son named Colin who was born this year. Colin keeps them extremely busy & on their toes at all times. Like father like son, right?

Dave is the Customer Service Mgr/IT Mgr for a home & commercial security company in the Baltimore/Washington Area. He is also a member of a Ravens Roost where

he holds the title of Chairman of the Board of Directors. Dave looks forward to working with everyone and sharing his knowledge & experience to take District 3 to the next level. It's going to be an exciting adventure!

**Cathy Hughes - District Treasurer**

In the role of District 3 Treasurer we have Cathy Hughes. She lives in Cary, NC with her husband Jim and children Stephanie and Michael. Well, not really, Stephanie and Michael are in college, ECU and UNC respectively. So, technically we should say that she lives with Jim and their two cats, Georgie and Bennie.



The Hughes became members of LPA shortly after their son Michael was born and she truly appreciates this amazing organization. She has served as a Colonial Chapter Co-President and has volunteered in various ways including with the Dwarf Athletic Association of America (DAAA).

Cathy's professional career has been centered in IT Project Management, but she double majored in MIS and Accounting and have used her Accounting background both professionally and as the treasurer for local PTAs Cathy is very excited to be your new District 3 Treasurer and looks forward to serving our district members.

**Attention Teens!**  
**DO YOU WANT TO:**  
 Find awesome new friends?  
 Organize fun events?  
 Make an impact?

If that sounds interesting to you, be the next District 3 Teen Coordinator!

I'm now a freshman at UNC and nineteen years old, barely hanging onto my teen years and need to turn over the role to an outstanding teen in the district. I have had an amazing time as the D3 Teen Coordinator. I've met great people who will be my lifelong friends and had an awesome time organizing regional and chapter events.

Be my replacement, you won't regret it!

Contact Stephanie Brandon at [lpadistrict3@yahoo.com](mailto:lpadistrict3@yahoo.com) for more information or me at [michael.hughes110@gmail.com](mailto:michael.hughes110@gmail.com).

-Michael Hughes

**Sylvia France - District Secretary**

Making sure Stephanie stays on track is our new District Secretary, Sylvia France. Being a member of LPA since she was a kid growing up in New England she has been an off and on member of LPA. Since the Summer of 2006 she has gotten back into the organization and took on the role of Carolinian Chapter Secretary. Sylvia loves all the great people she's met, the places she's gotten to see, and her wonderful new friends that she's become close to. She met her husband Joe at an LPA convention. He relocated from Baltimore to Greenville, SC and he has "officially" adopted their two disabled feline babies Bella and Buddy.



Sylvia has previous experience with non-profits when she acted as Fundraising Director for five years with a local animal welfare organization. Sylvia hope as your Secretary she can add knowledge and experience to your fine team of officers, and help expand and strengthen our district! We are here for you, or members and LP families!





**Say Cheese**  
The District 3 group photo taken at the Fall 2011 Regional.

## Roanoke

### Continued from cover page

attend the regional. Be sure to read the article about your new officers on Page 2.

Lee and Jackie Brandon facilitated the Parent's meeting where many young families and new members enjoyed their first regional in Roanoke. The parents were

able to have many of their questions and concerns addressed during the meeting.

During lunch the guys, Dave and Andrew, were able to beat the girls, Stephanie and Calli, in an impromptu battle of the sexes bocce ball match. Katie, Sally, and Colin cheered the players on.

The Roanoke area offered many activities to enjoy during the free time after the meeting. Some of us enjoyed a round of miniature golf at Thunder Valley, while others paid their respects at the National D-Day Memorial in Bedford. Some also used the opportunity to get some early holiday shopping done at the local mall.

The banquet had a cool casual feel with everyone sporting their favorite team. The raffle was a success with Chanel Mercedes winning \$120 in the 50/50 raffle. Other raffle winners included Sally Laws who won a free nights stay at the hotel, while many others took home prizes including gift



**Girl Talk**  
Sally Laws, Katie Rosich and Sasha Maria catch up during the BINGO game.

cards, CDs and shirts. During the raffle a Digital Camera Basket, donated by the Carolinian chapter, was auctioned off with a winning bid of \$105. The dance followed after the raffle and everyone showed their moves on the dance floor while dancing into the night.

Sunday morning came early and everyone said good bye to old friends and new ones. We look forward to seeing everyone at the Spring Regional in Ocean City, Maryland!



**Show her the money**  
Chanel shows off her winnings of the 50/50 Raffle.

**Upcoming District 3 Regionals**

Spring 2012 - April 20th-22nd  
Carousel Resort Hotel  
Ocean City, Maryland

Fall 2012 - October 26th-28th  
Embassy Suites Hotel  
Greenville, SC



**Job well done**  
Members of the Blue Ridge Chapter: David Meador, Francis Floyd and Lois Beck relax at the Banquet after planning the Regional.

# Chapter Updates

## The MarVa Chapter



The DelMarVa Chapter has changed our name to the MarVa chapter to reflect Delaware no longer being a part of the chapter. We had a chapter get together at Carl & Samantha Mazzan house on October 22nd. There were about 40 people in attendance. The kids did some miniature horseback riding & trampoline fun, along with a bonfire towards the end including marshmallow roasting. The MarVa Parent's group had a Halloween function at Weber's Farm on October 30th.

## The Carolinian Chapter



The Chapter is active as usual and looking forward to the events coming up. In October we held a Lia Sophia Jewelry Party fundraiser. Buying jewelry and it going for the chapter? You know the Carolina girls are up for that! The chapter raised over \$300 from jewelry sales and also got some monetary donations as well. In November we went to Maggie Valley, NC for a weekend in

the Mountains hosted by Jim and Joy Davis. Our annual Holiday Party will be held on December 3rd at the Hilton Garden Inn Ayrslley in Charlotte, NC.

The chapter is proud to announce that they have signed the contract for the Fall 2012 regional. It will be held in Greenville, SC at the Embassy Suites October 26th-28th 2012. More spooky details to come....

## The Colonial Chapter

The chapter will be having their holiday luncheon on Saturday December 3rd at Ralph's Barbeque in Weldon, NC.

## The Ches Del Bay Chapter

The chapter is busy planning the Spring 2012 regional. They look forward to seeing everyone in Ocean City!

## The Blue Ridge Chapter

The chapter has been pretty mellow at the moment. We are taking some down time after the Fall Regional. However, we are in the planning process of organizing a Holiday gathering. It will be on December 10th in Lynchburg, VA.

**Volunteer your time and talent!  
Chapter elections will be held in the fall of 2012. If you are interested in any chapter position please contact your Chapter or District officers!**

Please take this brief online survey as part of a Master's thesis by an LPA member and graduate student from Maryland. This study will examine perceptions of Little People, Big World and other media that focuses on individuals or families with dwarfism. Everyone who completes the survey will be entered to win a \$50 Amazon.com gift card! This study has been approved by the Board of Directors of LPA.

<https://www.surveymonkey.com/s/lpalpbw>

**Little People  
Big World  
Survey**

# Chapter Officers

## MarVa Chapter



Dan Hammil  
[danhamill@verizon.net](mailto:danhamill@verizon.net)

The Chapter consist of Washington, D.C., the Western part of Maryland and the top part of Virginia.

## Carolinian Chapter



Amanda Lancaster  
[sunlvrc@hotmail.com](mailto:sunlvrc@hotmail.com)

The chapter consists of 100 mile radius of Charlotte, NC including all of South Carolina and the Western part of North Carolina

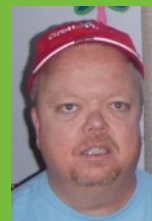
## Colonial Chapter



Jill Bryan  
[3dwarf@live.com](mailto:3dwarf@live.com)

The chapter consists of 100 mile radius of Emporia, VA.

## Ches Del Bay Chapter



Norman Rust  
[nrust67@comcast.net](mailto:nrust67@comcast.net)

The chapter consists of the state of Delaware, the Eastern shore of Maryland and Virginia, east of the Chesapeake Bay, North-Northeast to the Susquehanna River to the Pennsylvania state line.

## Blue Ridge Chapter



Frances Floyd  
[ffloyd83@yahoo.com](mailto:ffloyd83@yahoo.com)

The chapter consists of the Western part of Virginia.

\*For exact list of counties in chapter please contact a District or Chapter Officer



## Athletic?

Want a chance to competing on a level playing field?

Dwarf Athletic Association of America (DAAA) is the place for you!

Submitted by Cathy Hughes

DAAA is an amazing organization that holds annual competitive games simultaneously with the LPA National Conference. This year's 25th annual National Games were held July 2-6 in sunny Los Angeles, California. DAAA hosted a variety of events including Soccer, Basketball, Swimming, Track and Field and other popular sports. Over 285 athletes participated, coming from all over the US and nine foreign countries including Australia, Brazil, Egypt, Japan and the United Arab Emirates.

Although the games were a far distance to travel, District 3 was well represented by several of its athletes. Lucas McCrory and Michael Hughes competed as members of the East Coast Express. Their team faced stiff competition, but they rose to the challenge, taking Bronze in Basketball and Soccer and scoring big in swimming with several gold medals.

Other District 3 athletes include Stephanie Vrettakos who played for the



Game on East Coast Express pose for a group photo after the game.

Alpha Dwarfs and Inferno's Jake Spruance who medaled in Flag Football.

The games were held over an entire week and began early in the morning and often ran into the night. Because the event is so large, it is difficult to keep up with all of the District's athletes. Please let us know if you competed, how you did and most importantly, how you enjoyed the experience.

Next year's games will be held June 30-July 6 in Dallas, Texas. Start honing your skills and get ready for some great competition. See DAAA's website <http://www.daaa.org> for more information as well as an archive of prior DAAA game results.

Looking even further into the future, did you know that DAAA participates in the World Dwarf Games? These international games are held every four years, the last was in Ireland. We are very excited that the USA has been chosen to hold the 2013 games. Michigan State University located in East Lansing will be the host location from August 3-10, 2013. These games are not only a chance to compete at a higher level, but they provide an incredible opportunity to meet athletes from all over the world. Interested? Check out [www.2012worlddwarfgames.org](http://www.2012worlddwarfgames.org).

## Washington DC 2013

So did you hear? The 2013 National LPA Conference will be in Washington DC! Yes, our very own District. The last time our district hosted a National Conference was in the 1980s! Now what does that mean for us? Well this will be the first conference that will be managed by national so they will do a lot of the heavy lifting but D3 will be needed in many other ways.

The hotel chosen was the Washington Marriott Wardman Park Hotel located in the Northwestern part of DC. We will need everyone to help volunteer during the week

of the national so start thinking about what parts you would like to help with. The Banquet? The Fashion show? What about the Barty Room? We want you input to help put the local D3 flair on the conference.

The District is also in charge of creating the logo for the national. If you are interested in creating a logo email your ideas or suggestions to [lpadistrict3@yahoo.com](mailto:lpadistrict3@yahoo.com) the officers will look over any submissions and have members vote on their favorite.



The National Conference Committee will be coming to visit the site on January 14th 2012 to meet with us at the hotel. Anyone interested in joining us is welcome to attend.

Little People of America is dedicated to improving the quality of life for people with dwarfism throughout their lives while celebrating with great pride Little People's contribution to social diversity. LPA strives to bring solutions and global awareness to the prominent issues affecting individuals of short stature and their families.



**Mark Your Calendar!**

The Ches Del Bays Chapter

invite you to the

District 3 Spring Regional

at

Carousel Resort Hotel

Ocean City, Maryland

April 20th- 22nd 2012

Reserve your room now 1.800.223.1228

Deluxe Standard rooms: \$85 plus tax per night

Deluxe Ocean front rooms: \$119 plus tax per night

**District 3**

304 RARITAN COURT  
SIMPSONVILLE, SC 29681