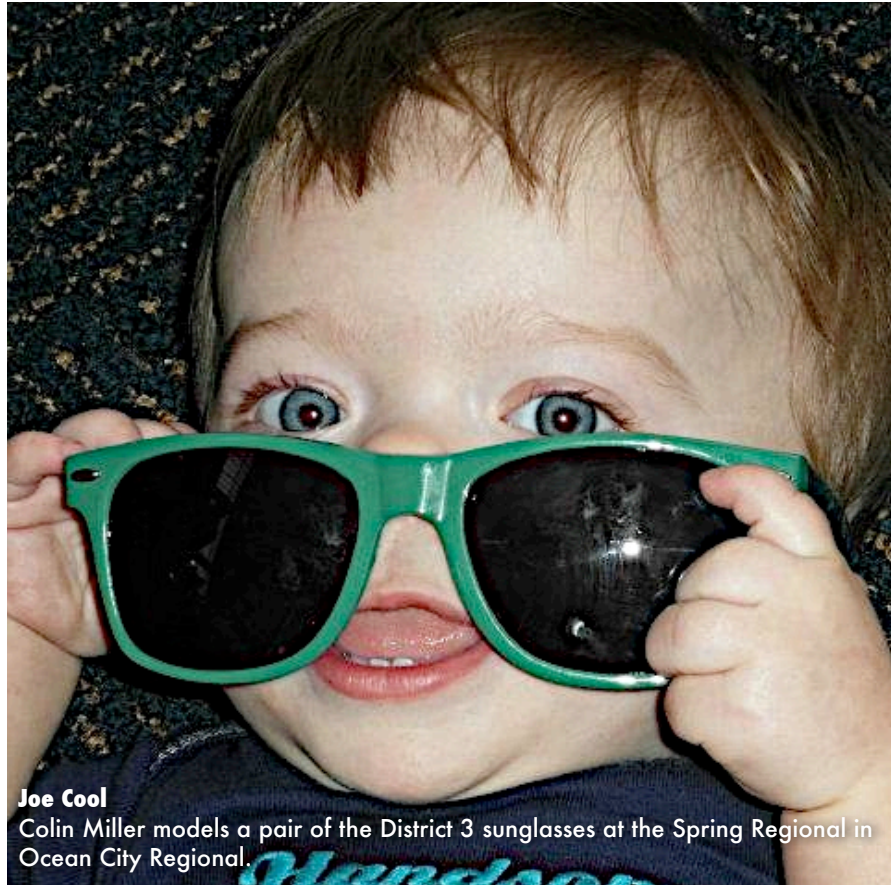


District 3

Of
LPA

Spring 2012 Newsletter



Joe Cool

Colin Miller models a pair of the District 3 sunglasses at the Spring Regional in Ocean City Regional.

Spring in Ocean City

Submitted by Sylvia France

Over 200 members of District 3 gathered in Ocean City, MD the weekend of April 20th. Even the fog on Friday and the rain on Sunday could not dampen the spirits of everyone!

Stephanie Brandon, District Director, led the chapter officers meeting on Friday night, where



All Smiles

Sophia Wilson has fun checking her tickets at the banquet.

the District 3 Policy Manual was reviewed and discussed as well as other leadership topics. Saturday morning we all gathered for the General Assembly. It was wonderful to see such a large turnout!

The meeting was to begin with reading of the minutes from the Roanoke Regional. Unfortunately, through an email glitch they were not

available. Keith Connolly made a motion to waive reading of the minutes until the fall regional in Greenville, SC. It was seconded and passed. Other motions made and passed during the meeting included a motion to provide the District Direct with a \$500 stipend to attend the

Story continues on page 3 titled "Ocean City"

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District Secretary - Sylvia France | kitsitr@yahoo.com

Visit us at: <http://d3.lpaonline.org>



<http://www.facebook.com/groups/50349019725/>



Team Work

Stephanie Brandon, Dave Miller and Sylvia France enjoy the banquet in Ocean City. This regional was their first regional as District Officers.

C o n f e r e n c e
M a n a g e m e n t
C o m m i t t e e
(CMC). It is quite
exciting on what
is to come. DC is
going to be a
great conference
with lots of
things to do. The
big thing that the
CMC needs from
District 3 are
volunteers! We

the membership is aware of national priorities actions. Finally it provides support for individual members who wish to help pursue national priorities. I'm really excited to be a part of the board to bring LPA to the next level.

In April we headed to Ocean City, MD for the Spring Regional. As you have already read it was a great turnout and thank so much to the Ches Del Bay Chapter for doing a great job hosting. Everything went smoothly and everyone seemed to have a great time. Thanks also for my officers who did a great job helping prepare everything for the General Assembly meeting...I swear the week before the regional I received over 20 emails a day!

Letter from the District Director

Hello Everyone! It has been a very busy time since the last newsletter. One, I learned that I must enlist help to fold, label and stamp over 300 newsletters! Two, we will be gradually moving to an electronic newsletter overtime to help save on the cost of printing and mailing newsletters. There will still be an option for those who want to receive it still through the mail.

January Dave, Sylvia and I headed to the site of the DC 2013 National and met with Marge Carlisle, Joanna Campbell and Sheryl Hankins of the

will be the ones manning the registration booth and helping with the off site events. If there is any particular part of the national that you want to be involved in just let me or any District officer know.

In February I headed to Anaheim, CA for the midyear board meeting. It was a nice time to meet with the members of the Executive Board and the other District Directors. During the meeting the board committed to re-evaluating it's structure to ensure that it is positioned to best serve the interests of the membership and the community. Also, it is committed to enhancing communication to ensure

That's all for now. If you are going to Dallas I'll see you there. If not, I'll see you in Greenville, SC in October! And a special thanks to Joe, Sylvia, Calli and Sally for helping fold, label, and stamp the newsletters this time!

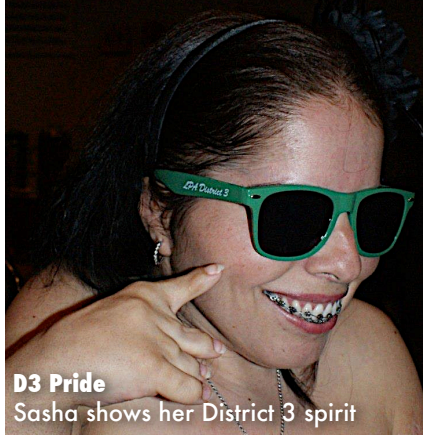
-Stephanie Brandon
District 3 Director

2012 Spring Regional Treasurers Report as of April 12th 2012		
Respectfully Submitted by Cathy Hughes		
Checking Account Balance		\$13,651.16
Savings Account (Samaritan's fund) Balance		\$ 4,452.00
Since the Fall Regional in 2011:		
EXPENSES	Newsletter & supplies	\$ 323.89
	Banking fees	\$ 6.00
	Christmas Card	\$ 498.00
	National Conf. Planning meeting	\$ 748.14
	LPA Director's Meeting California	\$ 138.26
	LPA bracelets	\$ 90.50
INCOME	Membership disbursement from National	\$ 895.00
	OC Regional Registrations	\$3,794.00

Ocean City

Continued from cover page

National Conference in Dallas this summer. For that National Conference booklet, a full page ad from District 3 was discussed. A motion was made for the District to purchase this advertisement and it was seconded and passed. Stephanie reviewed the District 3 Policy Manual with the membership and a motion was made to accept the District 3 Policy Manual as written and updated. That motion was also seconded and passed. We have posted the approved Policy Manual on the District 3 Website for the membership to read. LPA's official statement on the research currently in the works by BioMarin was discussed and a handout was given to the membership. Dr. Bober was



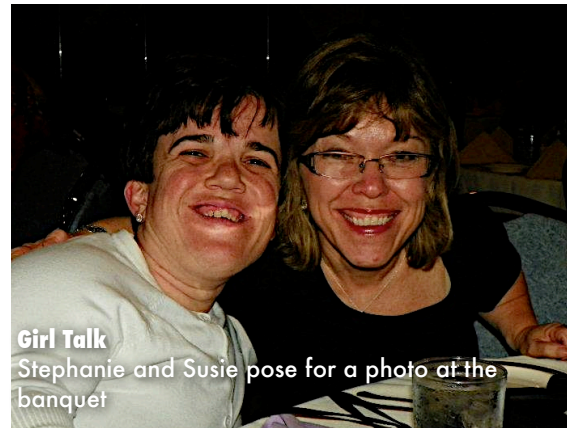
D3 Pride
Sasha shows her District 3 spirit

in attendance and gave a quick statement on the drug and its current research and development, which is in the infancy stage. From District 1 we were honored to have Ruth Ricker and her son Yanni attend our regional. During the general membership meeting Ruth

gave everyone an update on the summer camps available to LPs this year. At approximately 11am the meeting was adjourned and a name was drawn for the \$50 Target gift card that all attendee's

where eligible to win. Bridget and Joy Ivey from the Carolinian Chapter won the card, and we were so happy for them since they were first time regional attendees!

Saturday afternoon was spent on our own; so we could stay at the hotel or see the fun sites of Ocean City. Cocktail hour started around 6:00pm and then the banquet began about 7pm. Norman Rust, president of the Ches Del Bay



Girl Talk
Stephanie and Susie pose for a photo at the banquet

chapter, greeted everyone and made presentations of flowers to his committee members. Wonderful job everyone! The food and music were great and everyone got on the dance floor together and had a fun evening of dancing.

Sunday morning we all woke up to pouring down rain and sad goodbyes until next time. District 3 meets again on October 26, 2012 for a "Spooktacular" event in the beautiful city of Greenville, SC. (I'm just a little biased since it's my home!) The committee is already planning fun family outings and a great Friday night for the teens. I sure hope to see you all there! (Come by and see the house too if you like! (just kidding Joe... ☺)

Don't forget to check out the D3 Regional montage video by going to <http://d3.lpaonline.org>.



Family Fun Time
The Tran Family has fun on the dance floor.

Upcoming District 3 Regionals

Fall 2012 - October 26th-28th
Embassy Suites Hotel
Greenville, SC
Room Rate \$109 plus tax

Spring 2013 - April 13th-15th
The Marriott Wardam Park
Washington DC
Room Rate \$149 plus tax

Regional Frequently Asked Questions

Often when the District Officers attend or help plan a Regional we hear the same questions come up. We figured we would just highlight some of the common questions and give you answers so you will understand how regionals work.

How do we decide where regionals will be?

The regionals are rotated throughout the district with the chapters according to the District 3 Policy Manual. The order is: Ches Del Bay, Carolinian, MarValous, Colonial and Blue Ridge. The chapter gets to decide where they would like to host a regional. If the chapter is torn between two locations the District gets quotes from the areas and then decides on the location.

How are hotels for regionals chosen?

Hotel contract negotiations are a very complex task. Each city has a certain number of hotels that can offer the space we need. Some hotels do not have any banquet space but offer lower room rates while others have great spaces and give a great room rental price but require a food and beverage minimum. Also, the hotel has to be ADA accessible so often sites that have lots of stairs or non-lp friendly features are ruled out. All of these items have to be evaluated so the best choice is chosen.

Why does the banquet price seem so high?

Hotel food in general is higher than what you would pay for at a

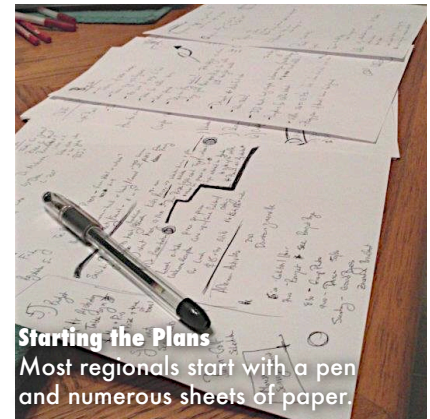
restaurant. It also includes the tax and gratuity that you would normally have to add at a restaurant. Also, the ticket price does not just cover the cost of the food. It also helps cover the cost of renting the room, renting the dance floor, paying the DJ and any extra for decorations. Those planning the regional keep the ticket price in mind and try to keep it as low as possible to make it an enjoyable, valuable event.

What is a Food and Beverage minimum?

Since the economy went into a recession the hotel and catering business has struggled. Often now they will offer a great price on renting the venue but have a food and beverage minimum that the group must meet. This means that we agree to buying a certain amount of food from the hotel and if we do not then we must still pay the difference. This is why at some events you will see a group lunch or other meal planned. We figure that our group needs to eat and we might as well get a good rate out of the hotel and eat together rather than everyone going to the hotel restaurant and eating on their own.

Why is onsite registration so much higher?

Often the hotel and any activities planned needs a headcount and deposit for the number of people attending the event. We do not want to take a gamble and predict extra people will arrive onsite. If that number does not sign up onsite we must still pay the difference.



Why can I sometimes not register for the banquet onsite?

The hotel usually needs a headcount for the food a week before the event. Often adding people on site creates a lot of hassle for the hotel and we want to try and keep everything as smooth as possible for the hotel. If you know you want to attend banquet but will be registering onsite go ahead and email the Regional registration contact and ask him or her if he or she can go ahead and add you to the banquet since you will be registering onsite. It is up to the decision of the Registration Chair and District Officers on if this will be allowed for that event.

How are the activities planned for the regional?

Usually the events planned for a regional are based on the group planning it. If you want a certain activity planned for certain age group the please email the district officers and let them know you are willing to plan something. You do not necessarily have to be in the chapter hosting the regional. Everyone can help out!

We are working on having a process and manual for hosting a regional. If you have ever chaired a regional thank you for all of your hard work!

A Lowcountry Playdate



Sand Man
Fletcher has fun in the sand at the playdate

Juice boxes and bubbles were on the supply list for a LPA meeting held in the Lowcountry of South Carolina earlier this year. But

this was no normal LPA meeting...this was a LPA playdate!

At first all the children were hesitant with each other but bring out all of the toys and ta da! Smiles and laughter heard all around. If you have never seen toddlers interact it is quite adorable. One will go to one toy, start playing with it, and then the others will come over and want to play with the same toy. So, then the first moves on to something else and the rest follow. The LPs who were not under the age of four were busy helping push on swings or give driving lessons on how to steer a toy pedal car.

Sophia's mom, Cori Wilson said, "The playdate was Sophia's first glimpse into her future. She is still far from



Going for a Ride
Camden pulls Madison around in the red wagon at the playdate.

having the whole little person aspect in perspective, but it has been a real joy watching her try to connect all the dots." Some of the parents had common questions regarding medical concerns and were put at ease having their questions answered. Carolinian Chapter President Amanda

Tisdale said, "As an expectant mother, it is so exciting to see all the parents who have their children involved at such a young age. Even though we don't know if our daughter will be a Little Person, it is still nice to know she

will have LPA as a strong support group." It is always great to see what a



Playdate Fun
Members of the Carolinian Chapter pose for a group photo

helpful resource LPA can be to new families.

Cori closed in saying, "Sophia's biggest thing since the playdate is learning that there are other 'short people' out there. The playdate was the first step of an exciting road of self-exploration for her."

The Carolinian Chapter is not the only chapter that has playdates. The MarValous Chapter have families in the Maryland/DC/Northern Virginia area get together fairly frequently for playdates. For their most recent get-together, about 15 kids aged 5 and under were able to come over for a picnic-style playdate!

If you are interested in hosting a playdate meeting please be sure to contact your local officers and be sure to let the District officers know as well by contacting us at LPADistrict3@yahoo.com



Pretty Lady
Brea is all smiles on the Gater Fourwheeler.



A MarValous Playdate
The group of toddlers from the MarValous Playdate pose for a photo.

Chapter Officers

MarVa Chapter



Dan Hammil
danhamill@verizon.net

The Chapter consist of Washington, D.C., the Western part of Maryland and the top part of Virginia.

Carolinian Chapter



Amanda Lancaster
sunlvsc@hotmail.com

The chapter consists of 100 mile radius of Charlotte, NC including all of South Carolina and the Western part of North Carolina

Colonial Chapter



Jill Bryan
3dwarf@live.com

The chapter consists of 100 mile radius of Emporia, VA.

Ches Del Bay Chapter



Norman Rust
nrust67@comcast.net

The chapter consists of the state of Delaware, the Eastern shore of Maryland and Virginia, east of the Chesapeake Bay, North-Northeast to the Susquehanna River to the Pennsylvania state line.

Blue Ridge Chapter



Frances Floyd
fifloyd83@yahoo.com

The chapter consists of the Western part of Virginia.

*For exact list of counties in chapter please contact a District or Chapter Officer



Playing house
Ivy and Layla play house at the MarValous Chapter's Playdate.

Chapter Updates

The MarValous Chapter

The MarValous Chapter will be hosting a meeting at the Marriott Wardman Park in Washington DC on July 28th. Anyone who would like to come and help give input for the DC National is welcomed to attend.

The Carolinian Chapter

The Carolinian Chapter is busy planning the Fall Regional in Greenville, SC. They have meetings planned throughout the year which include some to plan for the regional and others to have some fun and relax.

The Colonial Chapter

The Colonial Chapter will be having a pig-pickin' at the Roanoke Rapids Lake Park in Mid-July (exact date TBA). They are also working on having smaller pot-luck or cookout type get togethers and are open to those who would like to host. If you are interested please contact Leta Krieger at kriegers4@msn.com.

The Ches Del Bay Chapter

The Ches Del Bay Chapter wants to thank everyone for coming to the Spring Regional in Ocean City, MD and hope everyone had a great time!

The Blue Ridge Chapter

The Blue Ridge chapter has been pretty mellow at the moment. Our thoughts and prayers are with the Meador Family after their loss of Lucille Meador.

Chapter Elections

Chapter elections for all chapters will be held in the fall of 2012 before the Fall Regional in Greenville, SC. Bill Bradford, Senior VP of LPA, wants all elections to happen at the same time of year and apologize if this makes anyones term longer or shorter than they had planned to be an officer. Any member is eligible for chapter office who is within the boundaries of the chapter, a voting member and regularly attends chapter meetings.

Often people ask what will the duties be if they were to become an officer. The following are an example of the duties for each position. Please refer to your chapter bylaws for specific duties.

President

- Shall oversee chapter business meetings
- Appoint chapter committee chairperson

- Report to the Senior Vice President on any problems or concerns
- Respond promptly to inquiries by members and prospective members
- Oversee chapter financial reporting by chapter treasurer
- Return reviewed membership/zip code lists to database coordinator
- Publish newsletters on a regular basis

Vice President

- Shall work closely with the president on matters delegated by president

Treasurer

- Oversee chapter checking and savings account
- File financial reports quarterly with The VP of Finance
- Cash rebate checks promptly

Secretary

- Take minutes at all of chapter business meetings



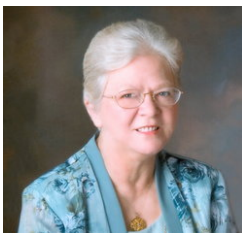
- Publish chapter newsletter if there is no newsletter editor
- Maintain correspondence to and from chapter.

Being an officer can be an very fulfilling responsibility if you have the time and talent to volunteer. If you are interesting in running for a position please contact your local current officers or the District Officers at LPADistrict3@yahoo.com.

Member News

Passings

Lucille Meador, widow of Hugh Meador and mother of David and Linda, passed away on May 10th 2012. The Meadors became active in LPA in 1964 and helped establish the Blue Ridge Chapter and promote LPA in their area.



From the Colonial Chapter, John Braswell passed, he left behind a wife Angie and two young sons, Patrick and Joe.

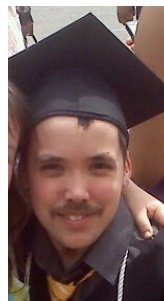
Graduations

Lucas McCroy will be gradating from Carolinas Friends School in Durham, NC and will be attending Guilford College in the Fall.

Andrew Horton will be graduating from Fike High School in Wilson, North Carolina and will be attending school at Wake Tech in the Fall.

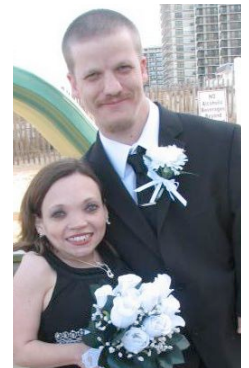
Colleen Theriault will be graduating from West Johnston High School in Benson, NC.

Thomas Jackson Golding graduated from Winston-Salem State University with a bachelor's degree in Management Information Systems.



Engagements

Susan Quade and Joshua Scott are proud to announce their engagement. They will be married at Grace Chapel Ministries on September 15, 2012.



Tina King and Matthew Simms of Sterling, VA will be married on May 27th, 2012

Be sure to submit any announcements you have to LPADistrict3@yahoo.com for the next newsletter.

Little People of America is dedicated to improving the quality of life for people with dwarfism throughout their lives while celebrating with great pride Little People's contribution to social diversity. LPA strives to bring solutions and global awareness to the prominent issues affecting individuals of short stature and their families.



The Carolinian Chapter
invite you to the
District 3 Fall Regional
at
The Embassy Suites
Greenville, SC
April 20th- 22nd 2012
Reserve your room by calling 864.676.9090
Room Rate \$109 plus tax

District 3

304 RARITAN COURT
SIMPSONVILLE, SC 29681